"Creative arts projects for positive mental health, self-confidence, and social inclusion."

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Wellbeing & Healthcare

ARTS & CRAFTS PROJECTS 2019

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ABOUT

Orinta Pranaityte

Wellbeing & creativity centered, Orinta Pranaitytė is an Arts Practitioner in the East Midlands, UK. She has graduated with a Masters Degree in Fine Art (University of Lincoln, UK, 2018). Her specialism combines performance art, visual arts, and design using Adobe Creative Suite. Pranaitytė is an experienced facilitator in Arts & Crafts classes with seniors, and focuses in art therapy and positive mental health in the Health & Social Care sector. This visual portfolio highlights a year-long engagement in short-term and long-term projects in Arts & Crafts; Printmaking, Painting, Mandala Art, and making Fascinator Hats, as well as other artworks.

"Specializing in printmaking group activities with seniors, as well as with advanced dementia."

PRINTMAKING

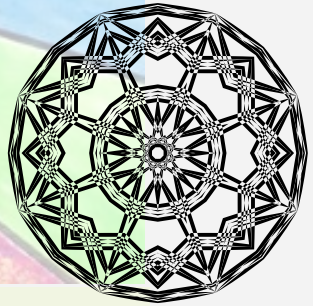
Artwork created by a senior, 2019.

PAINTING

Artwork created by a senior, 2019.

"Landscape/ seascape painting classes and teaching how to use primary colours."

"Interactive and self-expressive Mandala Art classes. Presenting a large scale pattern to the group and working together to achieve an art piece."



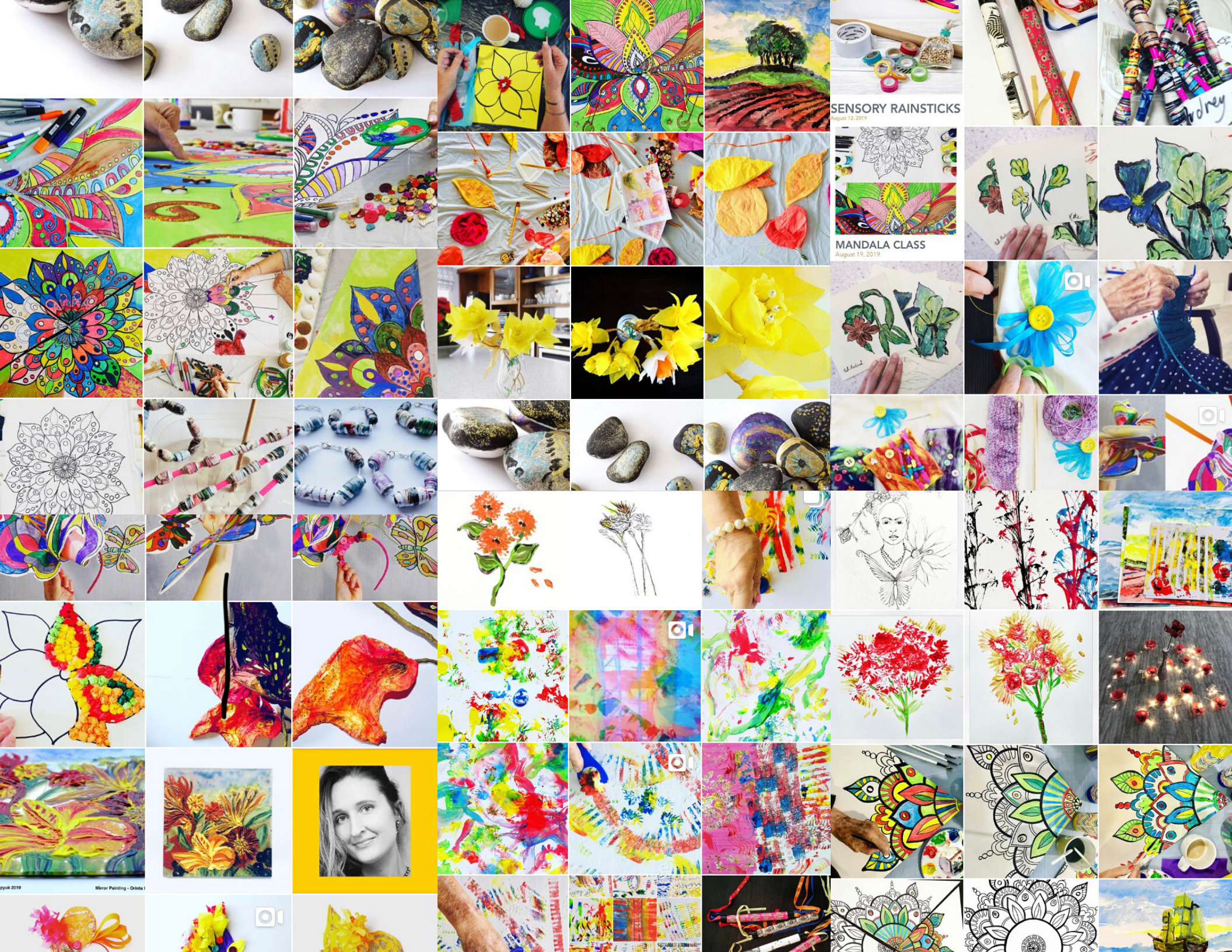
MANDALA ART

Artwork created by a senior, 2019.

FASCINATOR HATS

Artwork created by a senior, 2019.

"Exploring the potential of creativity through arts and crafts. Designing, making, and placing together pieces to create decorative items."


SENSORY RAINSTICKS
August 12, 2019
MANDALA CLASS
August 19, 2019